

## Daily Family Service:

1. Father reads:  
Scripture says, "And from the morrow after the Sabbath, from the day that you brought the sheaf of the wave offering, you shall count for yourselves: seven complete Sabbaths. Until the morrow after the seventh Sabbath you count fifty days."
2. The whole family says:  
This is the (first) day of the Omer (substitute the correct day). You must say days and weeks, i.e. "This is the ninth day, making one week and two days of the Omer."
3. Read a portion from the Psalms, including Psalm 67.
4. Record another day on your chart as shown in (1) below.
5. Close in prayer, your own or as follows:  
Blessed art Thou, O Yah our Elohim, King of the Universe, Who has given us commandments to obey. It is our desire to be obedient to Your laws, knowing that they will enable us to live in a right relationship with You and with each other.

### Cross off each day as you count

Sun.	Mon.	Tues.	Wed.	Thurs.	Fri.	Sat.
4/20	4/21	4/22	4/23	4/24	4/25	4/26
4/27	4/28	4/29	4/30	5/1	5/2	5/3
5/4	5/5	5/6	5/7	5/8	5/9	5/10
5/11	5/12	5/13	5/14	5/15	5/16	5/17
5/18	5/19	5/20	5/21	5/22	5/23	5/24
5/25	5/26	5/27	5/28	5/29	5/30	5/31
6/1	6/2	6/3	6/4	6/5	6/6	6/7
6/8						

**7 Sabbaths + one day = 50 days  
to Shuvot (Pentecost) June 8, 2003**

Day	Description	Psalm
1	The Law of Yah (Lord)	119:1-8
2	Obedience to Law of Yah	119:9-16
3	Happiness in Law of Yah	119:17-24
4	Determination to obey Law of Yah	119:25-32
5	A prayer for understanding	119:33-40
6	Trusting the Law of Yah	119:41-48
7	Confidence in Law of Yah	119:49-56
8	Devotion to Law of Yah	119:57-64
9	The value of the Law of Yah	119:65-72
10	The justice of the Law of Yah	119:73-80
11	Prayer for Deliverance	119:81-88
12	Faith in the Law of Yah	119:89-96
13	Love for the Law of Yah	119:97-104
14	Light from the Law of Yah	119:105-112
15	Safety in the Law of Yah	119:113-120
16	Obedience to the Law of Yah	119:121-128
17	Desire to obey Law of Yah	119:129-136
18	The justice of Law of Yah	119:137-144
19	Prayer for deliverance	119:145-152
20	Plea for salvation	119:153-160
21	Dedication to Law of Yah	119:161-168
22	A prayer for help	119:169-176
23	True happiness	1:1-6
24	Confidence in Yah	11:1-7
25	What Yah requires	15:1-5
26	The Law of Yah	19:7-1
27	A prayer for guidance	25:4-10
28	Longing for Yah	63:1-8
29	A song of thanksgiving	67:1-7
30	Yah and His people	78:1-16
31	Yah and His people	78:17-31
32	Yah and His people	78:32-39
33	Yah and His people	78:40-55
34	Yah and His people	78:56-72
35	Yah, the King	93:1-5
36	Yah, the Judge	94:12-23
37	A song of praise	95:1-7
38	Yah, the Supreme King	9:1-13
39	Yah, the Ruler of the world	98:1-9
40	Yah, the Supreme King	99:1-9
41	The love of Yah	103:1-22
42	Yah and His people	105:1-11
43	Yah's graciousness	106:1-5
44	In praise of Yah	111:1-10
45	The happiness of a good person	112:1-10
46	The reward of obedience	128:1-6
47	A prayer for help	130:1-8
48	A call for the universe to praise Yah	148:1-14
49	A prayer of thanksgiving	138:1-8
50	Praise Yah	150:1-6